

**2026
Guide**

LYONS TOWNSHIP AREA HEALTH RESOURCES

Created by the:



**LYONS TOWNSHIP
Mental Health
COMMISSION**

ADVOCACY • COLLABORATION • EDUCATION



**To learn more about the
Lyons Township Mental Health Commission
Visit: ltmhc.org or call us at 708-352-2992**

A Resource Guide from the:



WHAT IS THE MENTAL HEALTH COMMISSION?

Created in 1972 pursuant to a township-wide referendum, the Commission provides funding to social service agencies that provide direct services to residents of Lyons Township with mental health and substance use disorders, as well as residents with developmental disabilities. Since its inception over 50 years ago, the Commission has disbursed over \$100 million in support to assist residents of the Township of Lyons.

MISSION STATEMENT

The Mental Health Commission of Lyons Township cultivates holistic mental wellness, trauma-informed practices, and healing centered communities.

VISION

To foster a trauma-informed and healing-centered township through community engagement, comprehensive programming, and educational resources addressing mental health, substance use disorder, and developmental disabilities.

WHAT DOES THE SEMICOLON REPRESENT?

The semicolon has become a symbol for people battling mental health issues, it symbolizes a continuation; that a story isn't over yet.

**SCAN TO VISIT
OUR WEBSITE**



Lyons Township Mental Health Commission

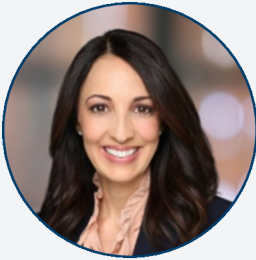
6404 Joliet Rd., Countryside, IL 60525

708-352-2992

www.ltmhc.org



Our Board of Commissioners



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Proudly Serving the 17 Municipalities of:

Bedford Park
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Burr Ridge
Countryside

Hickory Hills
Hinsdale
Hodgkins
Indian Head Park

Justice
La Grange
Lyons
McCook

Riverside
Summit
Western Springs
Willow Springs

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- National Runaway Safe Line - Youth
- Text Crisis Line - Text NOW to 741741
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- Veterans Crisis Line

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- The Trevor Project
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- West40
- Youth Crossroads
- Youth Outlook
- Youth Outreach Services



9-8-8 SUICIDE AND CRISIS HOTLINE

 www.988lifeline.org

 9-8-8






AGENCY QUICK OVERVIEW

Individuals experiencing a crisis or any other kind of emotional distress-whether that is related to suicide, mental health and/or substance use crisis. Concerned family, friends or caregivers can dial 9-8-8 for support.

SERVICES INCLUDE

- Veterans, Service Members, and their loved ones
- Spanish-speaking
- LGBTQ+ Youth and Young Adults
- Deaf and Hard-of-Hearing People

AGING CARE CONNECTIONS

 www.agingcareconnections.org  708-354-1323  111 West Harris Avenue
La Grange, IL 60525

AGENCY QUICK OVERVIEW




Aging Care Connections is a leader in providing client-centered care that focuses on improving the quality of life for the older adults.



SERVICES INCLUDE

- Adult Protective Services
- Caregiver Support
- Care Coordination
- Information & Assistance
- Nutrition
- Transitional Care
- Aging Well Neighborhood

ALZHEIMER'S ASSOCIATION

 www.alz.org  800-272-3900  225 N Michigan Avenue
Chicago, IL 60601

AGENCY QUICK OVERVIEW

Alzheimer's is the most common form of dementia, a general term for memory loss and other cognitive abilities serious enough to interfere with daily life. The Alzheimer's Association helps you understand what to expect when visiting a doctor about symptoms, how Alzheimer's disease progresses, and what resources are available.

SERVICES INCLUDE

- 24 hour help hotline
- Online support groups
- Help with finding local resources



ARAB AMERICAN FAMILY SERVICES



www.aafsil.org



708-599-2237



7000 W 111th Street
Worth, IL 60482

AGENCY QUICK OVERVIEW

Arab American Family Services (AAFS), is a nonprofit social service agency founded in 2001 by Itedal Shalabi and Nareman Taha. AAFS provides service to over 30 communities in the South Suburban Chicagoland area.

SERVICES INCLUDE

- Domestic Violence Prevention & Intervention
- Elderly & Disability Assistance
- Cultural Diversity Training
- Mental Health Assistance
- Immigration Services, Education Programs
- Youth Programs
- LIHEAP / Electricity Assistance



BEDS PLUS, INC.



www.beds-plus.org



708-354-0858



7666 W. 63rd Street
Summit, IL 60501

AGENCY QUICK OVERVIEW

BEDS Plus, Inc. is a leading homeless services provider in Southwest Suburban Cook County, IL.

Walk-in hours are from 12-4PM
(Monday – Saturday)

SERVICES INCLUDE

- Food & Basic Supplies
- Financial Assistance
- Shelter Program Screenings
- Acute & Post Acute Medical Care



CATHOLIC CHARITIES OF CHICAGO



catholiccharities.net



708-325-8990



7437 W. Archer Avenue
Summit, IL 60501

AGENCY QUICK OVERVIEW

Catholic Charities works to assist anyone in need, regardless of their faith, gender, race, or ethnicity.



SERVICES INCLUDE

- Food Pantry
- Basic Needs Room
- Community Meals
- Case Management

CEDA



www.cedaorg.net



800-571-2332



567 W. Lake Street
Chicago, IL 60661

AGENCY QUICK OVERVIEW

CEDA offers a variety of programs and services in the areas of community and economic development, education, emergency assistance, employment and training, energy conservation and services, health and nutrition, and housing.

SERVICES INCLUDE

- Utility Bill Assistance
- WIC Assistance
- SNAP Benefits Help



CENTER FOR AUTISM & RELATED DISORDERS WESTMONT



centerforautism.com



630-581-0334



740 Quail Ridge Drive
Westmont, IL, 60559

AGENCY QUICK OVERVIEW

The Center for Autism and Related Disorders (CARD®) is one of the world's largest and most experienced applied behavior analysis (ABA) treatment providers. CARD remains committed to helping individuals with autism gain independence, achieve their goals, and lead happy lives.

SERVICES INCLUDE

- Early intervention services
- School age & adolescent programs



CENTER FOR DISABILITY & ELDER LAW



www.cdela.org



312-376-1880



205 West Randolph
Chicago, IL 60606

AGENCY QUICK OVERVIEW

CDEL provides free legal services to low-income seniors and people with disabilities throughout Cook County. We focus our efforts on matters related to financial and housing stability, estate planning including end-of-life planning, divorce, and adult guardianship.

SERVICES INCLUDE

- Free legal assistance



CENTER FOR INDEPENDENCE



www.cfimove.org



708-588-0833



100 W. Plainfield Road
Countryside, IL 60525

AGENCY QUICK OVERVIEW

The Center's team of highly trained professionals of Physical Therapists, Occupational Therapists and Conductive Education Teachers work together to provide individualized treatment plans within a peer driven setting, to help achieve developmental milestones.



SERVICES INCLUDE

- Pediatric Intensive Therapy
- Support Programs
- Summer Sessions
- Young Adult Employment Programs

CHILDREN'S COMMUNITY CLOSET



www.facebook.com/CCCoFLGP



Email cccflgp@gmail.com

AGENCY QUICK OVERVIEW

Their goal is collect used or unworn children's clothing and pass them on to anyone who can use them. ALL are welcome to shop, and everything in the room is free. Our mission is to keep clothing in use and out of landfills, as well as to provide a sustainable and affordable (free!) way for families to clothe babies and kids.



500 E 31st Street
La Grange Park, IL 60526

SERVICES INCLUDE

- Free children's clothing, shoes, and accessories as well as maternity clothing, sizes 0-14/16, as well as adult small or medium clothing that would work for teenagers.



COMMUNITY ASSISTED RIDES



www.communityassistedrides.org



708-354-9328



150 S Ashland Avenue
La Grange, IL 60525

AGENCY QUICK OVERVIEW

Community Assisted Rides (CARS) provides convenient ride services for seniors to and from doctor's appointments, grocery stores, fitness classes, etc., through the support of local volunteers.

SERVICES INCLUDE

- Ride Program
- Library Homebound Delivery Service
- Community Care



COMMUNITY
ASSISTED RIDES

COMMUNITY SUPPORT SERVICES



www.cssservices.org



708-354-4547



9021 Ogden Avenue
Brookfield IL, 60513

AGENCY QUICK OVERVIEW

Community Support Services delivers solutions for adults & children with intellectual/developmental disabilities. Their goal is to create circles of support for people with intellectual/developmental disabilities and their families.

SERVICES INCLUDE

- Home-Based Support Services
- Residential & Independent Living
- CSS Academy Programs
- Professional Training Programs
- Supported Employment



COMPASS HEALTH CENTER

 www.compasshealthcenter.net  844-552-0232  750 Oakmont Lane
Westmont, IL 60559

AGENCY QUICK OVERVIEW



Compass Health Center provides immediate, comprehensive, and specialized behavioral health care for individuals in Chicago through Partial Hospitalization (PHP) and Intensive Outpatient (IOP) Programs.



SERVICES INCLUDE

- Programs for people ages 5 through adulthood
- School refusal program
- Mood & anxiety programs
- OCD & complex anxiety programs
- Outpatient and partial hospitalization programs

CRISIS CENTER FOR SOUTH SUBURBIA

 www.crisisctr.org  708-429-7255  P.O. Box 39
Tinley Park, IL 60477

AGENCY QUICK OVERVIEW



The Crisis Center for South Suburbia provides emergency shelter and other essential services for individuals and families victimized by domestic violence, and addresses the societal issues that contribute to domestic violence.



SERVICES INCLUDE

- Emergency shelter/services
- Interim and Transitional Housing
- Re-housing
- Counseling
- Court Advocacy
- Employment program

CRISIS TEXT LINE

 www.crisistextline.org  Text **NOW** to **741741**
24 hours a day/7 days a week for Support

AGENCY QUICK OVERVIEW


Crisis Text Line is a global nonprofit organization providing free and confidential text-based mental health support and crisis intervention by texting HOME to 741741. The organization launched in 2013, and its services are available 24 hours a day throughout the United States, Canada, UK, and Ireland.


SERVICES INCLUDE


- A live, trained volunteer Crisis Counselor receives the text and responds, all from a secure online platform.

CRISIS TEXT LINE |

EASTERSEALS DUPAGE & FOX VALLEY

 www.easterseals.com

 630-620-4433

 830 S Addison Ave.
Villa Park, IL 60181

AGENCY QUICK OVERVIEW


The mission of Easterseals is to ensure that children with disabilities and their families are empowered. They specialize in the early identification of developmental delays and provide evaluations for every child or family need.





SERVICES INCLUDE

- Autism Diagnostic Clinic
- Speech Therapy
- Feeding Therapy
- Occupational/Physical Therapy
- Mental Health Assistance
- Inclusive Childcare

EQUIP FOR EQUALITY

 www.equipforequality.org

 800-537-2632

 20 N. Michigan Avenue
Chicago, IL 60602

AGENCY QUICK OVERVIEW

Equip for Equality helps people with disabilities in Illinois advocate for their rights. They teach people how to speak up for themselves, fight for them in court, and work to change laws to improve everyone's lives.




SERVICES INCLUDE

Legal Help for:

- School & Education Rights
- Fighting Discrimination
- Employment Rights
- Knowing your Rights when Leaving a Residential Facility

GRIEF CONNECTION SPACE

 www.griefconnections.space

 email: hello@griefconnections.space

AGENCY QUICK OVERVIEW

Grief Connection Space, LLC. specializes in partnering to create grief informed communities through workshop facilitation, presentations, and community education.

SERVICES INCLUDE

- Workshops
- Presentations
- Mental Health First Aid Training



HELPING HAND



www.helpinghand-il.org



708-352-3580



9649 West 55th Street
Countryside, IL 60525

AGENCY QUICK OVERVIEW

Helping Hand (HH) is a nonprofit organization dedicated to transforming the lives of children and adults with intellectual and developmental disabilities in Cook County and greater Chicagoland communities.

SERVICES INCLUDE

- Educational Assistance
- Pediatric Therapy
- Community Living (CILA)
- Progressive Employment Program



HINES VA HOSPITAL



www.va.gov/hines-health-care



708-202-8387



5000 5th Avenue
Hines, IL 60141

AGENCY QUICK OVERVIEW

Hines VA offers primary, extended and specialty care to Veteran patients in the Chicago area. The hospital treats more than 56,000 veterans from World War II through the conflicts in Iraq and Afghanistan.



SERVICES INCLUDE

- Primary Health Care
- Mental Health Care
- Specialty Health Care
- Social Service Programs

HOPE FOR THE DAY



www.hftd.org

AGENCY QUICK OVERVIEW

Hope For The Day (HFTD) is a Chicago-based non-profit organization focusing on proactive suicide prevention by providing outreach and mental health education to empower the conversation. The organization uses concerts, workshops, and events, and innovative partnerships to provide outreach and education.

SERVICES INCLUDE

- Suicide Prevention Efforts
- Mental Health Education



ILLINOIS COALITION FOR IMMIGRANT & REFUGEE RIGHTS



www.icirr.org



312-332-7360



2228 S. Wabash Ave.
Chicago, IL 60604

AGENCY QUICK OVERVIEW

ICIRR is dedicated to promoting the rights of immigrants and refugees to full and equal participation in the civic, cultural, social, and political life of our diverse society.



SERVICES INCLUDE

- Health Care Access
- Immigrant Resource Program
- Supplemental Nutrition Assistance Program
- Family Support Network
- Education Initiatives

ILLINOIS DEPARTMENT OF AGING



www.ilaging.illinois.gov



800-252-8966

AGENCY QUICK OVERVIEW

The MISSION of the Illinois Department on Aging is to serve and advocate for older Illinoisans and their caregivers by administering quality and culturally appropriate programs that promote partnerships and encourage independence, dignity, and quality of life.

SERVICES INCLUDE

- Senior Helpline
- Help with navigating Medicare
- Senior Resources



ILLINOIS DEPARTMENT OF VETERANS AFFAIRS



www.veterans.illinois.gov



800-437-9824

AGENCY QUICK OVERVIEW

The Illinois Department of Veterans Affairs works to set the standard for connecting veterans and their families with all the benefits and privileges they earned.



SERVICES INCLUDE

- Benefits help
- Health care
- Veteran homes
- Education and employment

ILLINOIS TOBACCO QUITLINE



www.quityes.org



1-866-784-8937

AGENCY QUICK OVERVIEW

Quit tobacco with free support – Ready to quit tobacco use? Enroll with the Illinois Tobacco Quitline for free today. Make your custom quit plan and enlist the help of an expert counselor with ITQL.

SERVICES INCLUDE

- Smoking Cessation Assistance



LOFT AT EIGHT CORNERS, THE



www.loft8corners.org



708-883-3300



9049 Monroe Avenue
Brookfield, IL 60513

AGENCY QUICK OVERVIEW

The Loft program is designed to engage teens in their mental health journey; to encourage teen voices to empower and advocate for their own services and family support. All services are free and available 7-days a week to teens and families on a walk-in or scheduled basis.

SERVICES INCLUDE

- Mental Wellness Screenings
- 1:1 Therapy
- Support Groups
- Yoga & Mindfulness Exercises



LYONS TOWNSHIP MENTAL HEALTH COMMISSION



www.mhclt.org



(708) 352-2992



6404 Joliet Road
Countryside, IL 60525

AGENCY QUICK OVERVIEW




The Commission provides funding to social service agencies that provide direct services to residents of Lyons Township with mental health and substance use disorders, as well as residents with developmental disabilities.

SERVICES INCLUDE

- Assistance navigating area mental health resources
- Mental health first aid training



MUJERES LATINAS EN ACCION

 www.mujereslatinasenaccion.org  708-442-1299  7222 W. Cermak Road
North Riverside, IL 60546

AGENCY QUICK OVERVIEW




Mujeres Latinas en Acción (Mujeres), a bilingual/bicultural agency, empowers Latinas by providing services which reflect their values and culture and being and advocate on the issues that make a difference in their lives.

SERVICES INCLUDE

- Domestic Violence and Sexual Assault Services
- Financial Independence training
- Community Engagement and Mobilization



NAMI METRO SUBURBAN

 www.namimetsub.org  708-524-2582  4731 Willow Springs Road
La Grange, IL 60525

AGENCY QUICK OVERVIEW

NAMI Metro Suburban's Recovery Programs support people living with mental health conditions, and their Family Programs support their family members and loved ones. NAMI Metro Suburban offers educational opportunities for students, teachers, and parents through our Community Programs.



7604 63rd Street
Summit, IL 60501

SERVICES INCLUDE

- 24/7 Living Room
- Group Support
- Supportive Employment Program
- Mental Health Education for Schools & Workplaces



NATIONAL HUMAN TRAFFICKING HOTLINE

 www.humantraffickinghotline.org  1-888-373-7888

AGENCY QUICK OVERVIEW

Human trafficking occurs when a trafficker uses force, fraud or coercion to control another person for the purpose of engaging in commercial sex acts or soliciting labor or services against his/her will.

SERVICES INCLUDE

- Support Hotline
- National Human Trafficking Referral Directory

NATIONAL
HUMAN
TRAFFICKING
HOTLINE

NATIONAL RUNAWAY SAFELINE



www.1800runaway.org



1-800-786-2929

AGENCY QUICK OVERVIEW

The National Runaway Safeline provides confidential, non-directive and non-judgmental support 24/7 from trained team members for any caller who may be experiencing depression, anger, or suicidal ideation.

SERVICES INCLUDE

- Youth and Teen support



PILLARS COMMUNITY HEALTH



www.pillarscommunityhealth.org



Domestic Violence
hotline:

708-485-5254



Sexual Assault
hotline:

708-482-9600



708-745-5277

AGENCY QUICK OVERVIEW

PCH provides health and social services to the western and southwestern suburbs of Chicago. Their services include medical care, behavioral health, and domestic violence services. PCH serves individuals and families regardless of their health insurance status, age, or income. They offer services in both English and Spanish speakers.



SERVICES INCLUDE

- Low-cost primary medical care
- Specialty physician care
- Prescription medications
- Dental Care
- Substance use disorder services
- Sheltering families from domestic violence
- Domestic & sexual violence services

RESURRECTION PROJECT, THE



www.resurrectionproject.org



312- 666-1323



11818 S. Paulina Street
Chicago, IL 60608

AGENCY QUICK OVERVIEW




TRP is a community development organization focused on creating resilient communities in Chicago's predominantly Latino and immigrant neighborhoods by providing services like affordable housing, immigration legal support, financial wellness programs, and community organizing.



SERVICES INCLUDE

- Help people build credit and reduce debt
- Ethical professional realty services
- Foreclosure prevention
- Home Purchase Education and Advising

RIVEREDGE HOSPITAL

 www.riveredgehospital.com  708-771-7000  8311 W. Roosevelt Road
Forest Park, IL 60130

AGENCY QUICK OVERVIEW




Riveredge Hospital is a psychiatric hospital that offers specialized inpatient and outpatient behavioral healthcare to children, adolescents, young adults and adults. They also provide a specialized inpatient behavioral health program for adults with an intellectual or developmental disability.



SERVICES INCLUDE

- Inpatient programs
- Outpatient programs for children & adolescents
- Intensive outpatient program for adults
- Medication management
- Support groups

ROSECRANCE

 www.rosecrance.org  866-784-3021  47 6th Ave, Suite N,
La Grange, IL 60525

AGENCY QUICK OVERVIEW




Rosecrance is a private, not-for-profit organization offering comprehensive, nationally accredited, evidence-based addiction treatment and mental health treatment for children, teens, young adults and adults. Rosecrance has grown to more than 60 convenient locations across Illinois, Wisconsin, and Iowa.



SERVICES INCLUDE

- Residential Mental Health Treatment
- Mental Health Therapy
- Substance Use Recovery Assistance

SEASPAR

 www.seaspar.org  630-960-7600  4500 Belmont Road
Downers Grove, IL 60515

AGENCY QUICK OVERVIEW


SEASPAR is recognized as a special recreation association by the Illinois Association of Park Districts that provides dynamic programs and quality recreation services for people with disabilities.




SERVICES INCLUDE

- Therapeutic recreation programs
- Special Olympics training
- Adapted sports and recreation
- Multi-sensory rooms

SECOND BAPTIST CHURCH OF LAGRANGE FOOD PANTRY

 708-354-5907

 26 Washington Avenue
La Grange, IL 60525

AGENCY QUICK OVERVIEW


Second Baptist Church of La Grange Food Pantry is operated in partnership with the Greater Chicago Food Depository.





SERVICES INCLUDE

- Food Pantry Hours: Mondays 10am - 12pm
- Registration at first visit, and picture ID with proof of address is required

SENIOR TRANSPORTATION OF LYONS TOWNSHIP

 www.lyonstowshipil.gov

 708-354-0292

 6404 Joliet Road
Countryside, IL 60525

AGENCY QUICK OVERVIEW


Residents of the Township of Lyons who are 60 years and older or a disabled adult are eligible for this free shuttle-based transportation program. Medical appointments are prioritized, call ahead to determine availability.


SERVICES INCLUDE


- Transportation for 60+
- Transportation for seniors with a disability



SGA YOUTH & FAMILY SERVICES

 www.sga-youth.org

 (312) 663-0305

 11 E. Adams St. #240
Chicago, IL 60604

AGENCY QUICK OVERVIEW


SGA leads positive change for children and families in Chicagoland's most challenged neighborhoods. Since its founding in 1911, SGA has provided free and comprehensive services to children and families in need within Chicagoland.


SERVICES INCLUDE


- Parenting Support Groups
- Education Supports
- Workforce Development



SHARE FOOD SHARE LOVE FOOD PANTRY

 www.sharefoodsharelove.org

 630-347-5390

 9030 Brookfield Ave,
Brookfield, IL 60513

AGENCY QUICK OVERVIEW


Share Food Share Love Food Pantry is a community-invested food pantry that serves Brookfield, Countryside, Forest View, Hodgkins, Indian Head Park, LaGrange, LaGrange Highlands, LaGrange Park, Lyons, McCook, North Riverside, Riverside, Stickney, Summit, & Western Springs





SERVICES INCLUDE

- Food Pantry Hours: Tuesdays 7pm - 9pm & Saturdays 10am - Noon
- Please bring: proof of residency in one of 15 communities served & containers to pack items

ST BLASE FOOD PANTRY (BLESSED MARTYRS OF CHIMBOTE PARISH)

 www.blessedmartyrsfchimbote.org

 708-563-2407

 6101 S 75th Avenue
Summit, IL 60501

AGENCY QUICK OVERVIEW


St. Blase Food Pantry serves all of Summit and surrounding communities at no cost to recipients. St. Blase provides one food package per month that will include canned goods, dried goods, and usually frozen meat.





SERVICES INCLUDE

Food Pantry Hours:
Mon, Thurs, Fri: 9am - 11:30am
1pm - 3:30pm
Tues: 9am - 2pm
1pm - 4pm

ST CLETUS FOOD PANTRY

 www.stcletusfoodpantry.com

 708-215-5418

 600 W 55th Street,
La Grange, IL 60525

AGENCY QUICK OVERVIEW

The pantry is a mini-grocery store that serves residents of Lyons Township. Customers are able to make choices that work best for their household and typically take home 75+ lbs. of groceries each week.



SERVICES INCLUDE

Food Pantry Hours: Thursdays 4pm - 8pm

St. Cletus may offer limited financial assistance.

To find out if you are eligible and to complete an intake form, contact: kgrant@stcletusparish.com

ST FRANCIS XAVIER FOOD PANTRY



www.sfxlg.org



708-352-0168



124 N Spring Avenue
La Grange, IL 60525

AGENCY QUICK OVERVIEW

St. Francis Xavier's mission is twofold: (1) to provide supplemental nutritious food assistance to those in need in a safe, respectful and prayerful environment and (2) to partner with the community to support the pantry through food drives and volunteer opportunities.



SERVICES INCLUDE

Food Pantry Hours: Tuesdays
10am - 11:30am

Registrants need to provide proof of residence (e.g., driver's license, utility or medical bill, etc.).

STRIDE AUTISM CENTER



www.stridecenters.com



312-554-5578



718 Ogden Avenue
Downers Grove, IL 60515

AGENCY QUICK OVERVIEW

Their focus is to help children with autism reach their full potential through individualized Applied Behavior Analysis (ABA) therapy. They look to provide compassionate care needed to promote growth and independence.

SERVICES INCLUDE

- One on one therapy for autism
- Group therapy for autism

stride AUTISM
CENTERS

THE TREVOR PROJECT



www.thetrevorproject.org



866-488-7386



Text: "Start" to 678-678

AGENCY QUICK OVERVIEW


The Trevor Project is an American nonprofit organization founded in 1998. Focused on suicide prevention efforts among nonheterosexual youth, they offer a toll-free telephone number where confidential assistance is provided by trained counselors.





SERVICES INCLUDE

- Suicide prevention assistance
- Counseling

THRIVE COUNSELING CENTER

 www.thrivecc.org

 708-383-7500

 120 South Marion Street
Oak Park, IL 60302

AGENCY QUICK OVERVIEW


Thrive Counseling Center knows the emotional challenges many face when entering counseling. They offer a respectful, compassionate, and multicultural counseling staff that has advanced training in the field with specialties in a variety of different areas.





SERVICES INCLUDE

- Individual, group & family counseling
- Psychiatric Assessments
- Art & Music Therapy
- Youth Groups for Overcoming Anxiety
- Clinical Therapy for Adult Trauma

UNITED CEREBRAL PALSY SEGUIN OF GREATER CHICAGO

 www.ucpseguin.org

 708-863-3803

 3100 South Central Avenue
Cicero, IL 60804

AGENCY QUICK OVERVIEW


UCP Seguin of Greater Chicago provides Community Day Services, assistive technology, meaningful employment and a place to call home for people with disabilities, as well as specialized foster care for children. UCP believes all people, regardless of ability, deserve to achieve their potential and be members of their community.


SERVICES INCLUDE

- Employment Transition Services
- Foster Parent Assistance



VETERANS CRISIS LINE

 www.veteranscrisisline.net

 dial 988, then press 1 or Text 838255

AGENCY QUICK OVERVIEW

Launched in 2007, the Veterans Crisis Line started with 14 trained responders working out of a call center in Canandaigua, N.Y. It's grown to include an online chat and text service with 500 responders in three call center locations. Because many responders are Veterans, they're familiar with the challenges Veterans face.

SERVICES INCLUDE

- Crisis Hotline



WAY BACK INN



www.waybackinn.org



708-345-8422



104 Oak Street
Maywood, IL 60153

AGENCY QUICK OVERVIEW

The Way Back Inn's programs are based on a recovery model that is holistic, utilizing multiple evidence-based treatment modalities and professional disciplines to provide a well-rounded treatment approach. They support individuals in making lifestyle changes that minimize the effects of their illness.

SERVICES INCLUDE

- Recovery & Treatment for Alcohol, Drug, or Gambling Use Disorders



WELLNESS HOUSE



www.wellnesshouse.org



630-323-5150



131 N County Line
Road Hinsdale, IL
60521

AGENCY QUICK OVERVIEW

In 1990, Wellness House opened with a single purpose: to better the lives of people living with cancer and the people close to them. Offered at no cost, and as a complement to medical treatment, Wellness House programs educate, support and empower participants in order to help them improve their physical and emotional well-being.

SERVICES INCLUDE

- Counseling & education about nutrition & stress management
- Support groups
- Family support



WEST40



www.west40.org



708-449-4284



415 Lexington
Maywood, IL 60153

AGENCY QUICK OVERVIEW




Funded by the state of Illinois and the school districts we serve in West Cook County, we work alongside educators, administrators, families and communities, to ensure students have every opportunity to become who they are meant to be.

SERVICES INCLUDE

- Student advocacy
- Alternative learning centers
- School improvement planning



YOUTH CROSSROADS

 www.youthcrossroads.org  708-484-7400  6501 Stanley Avenue
Berwyn, IL 60402

AGENCY QUICK OVERVIEW

Youth Crossroads supports youth and their families, guiding them through life's challenges, and inspiring them to discover new opportunities for personal development, healthy relationships, and positive community involvement.



SERVICES INCLUDE

- Clinical Mental Health Services
- Youth Development Programs
- Workforce Development
- Parent Mentor Program
- All Our Kids Network
- Community Engagement

YOUTH OUTLOOK

 www.youth-outlook.org  info@youth-outlook.org  1828 Old Naperville Road
Naperville, IL 60563

AGENCY QUICK OVERVIEW

Youth Outlook provides a variety of services to support LGBTQ+ youth in our community, meeting them where they are. Drop-in centers are havens for shared experience and camaraderie, parent support offers education and community to help caregivers grow, and community education ensures more inclusive and accepting environments for youth.






SERVICES INCLUDE

- Drop-Ins
- Online Counseling,
- Educational Workshops

*Visit website for a full list of drop-in center addresses

YOUTH OUTREACH SERVICES

 www.yos.org  773-777-7112  2411 W Congress Pkwy.
Chicago, IL 60612

AGENCY QUICK OVERVIEW

YOS serves over 2,000 youth and their families each year through a wide variety of prevention, counseling, juvenile justice, and child welfare services. YOS is dedicated to caring for youth in and around Chicago, inspiring positive development in their lives, families, and communities.



SERVICES INCLUDE

- Substance Abuse Prevention
- Counseling
- Juvenile Justice Program
- Homeless Youth Programs
- Parenting Training

TOWNSHIP OF LYONS CLERK'S OFFICE



☎ 708-482-8300
Option 4

➤ 6404 Joliet Rd,
Countryside, IL 60525

FREE NOTARY SERVICES

Visit with our notaries during business hours 8:30am-4:30am.

REPAIR CAFE

The Repair Cafe is a monthly event that offers donuts, coffee and help with repairs provided by handy volunteers. Examples of repairs include torn clothing, broken coffee makers, lamps, and more. The goal of the events is to repair beloved belongings and keep items out of the landfills. This also saves people money. These take place on the third Saturday of the month, January through October.



CHAIR YOGA

A certified Yoga instructor leads the class through an hour-long yoga session all while seated in a chair. The instructor teaches the benefits of proper movement and stretching. This is great for anyone new to yoga, seniors and office workers. Various Thursdays.

ART EXPRESSIONS

This new art class is a creative outlet to restore, reset, and reshape how you meet the world in a more positive way.

MOBILE EMISSIONS TESTING

Take advantage of this Mobile Emissions Testing in our parking lot from the Illinois Air Team.



AARP DRIVING CLASSES

The AARP Smart Driver course provides specialized, research-based defensive driving training for drivers aged 50 and older. The course teaches techniques to adjust to age-related physical changes, navigate modern traffic, and reduce risks, which may qualify participants for multi-year car insurance discounts.

HANDICAP PLACARDS

Residents needing a handicap placard must have the Disability Placard Application signed by their physician. Residents can then bring in their signed Disability Placard Application to the Township Clerk's office and that resident will be issued a 90-day temporary placard.

TOWNSHIP OF LYONS CLERK'S OFFICE



☎ 708-482-8300
Option 4

➤ 6404 Joliet Rd,
Countryside, IL 60525

RECYCLING OPPORTUNITIES

The Clerk's office is proud to offer multiple recycling opportunities at the Township including:

- American flags, worn/tattered, for proper disposal
- Pop-tops for Ronald McDonald House
- Eye Glass, Cell Phone & Hearing Aid Recycling for the Lion's Club
- Keys, Cords, String lights for SCARCE
- Corks for Go Green La Grange



EVENTS

The Clerk's Office is proud to organize events that connect our community. Residents of all ages can enjoy favorites like our Valentine's Luncheon, Ice Cream Social, Repair Cafés, Bingo, and Flower Arranging.

SUMMER INTERNSHIP INCUBATOR PROGRAM

This program is meant to empower the next generation of resilient, civic-minded adults by providing diverse opportunities for hands-on experience and leadership development. Our goal to nurture skills, foster responsibility, and inspire a lifelong commitment to community engagement and positive change.



BI-ANNUAL PAPER SHREDDING

The Township contracts with Accurate Shredding from Groot Waste Management to shred your documents using a special truck. Visit us in the parking lot!

HELP WITH VOTER REGISTRATION/VOTER QUESTIONS

The Clerk's Office can help you register to vote, update your voter information, and find your polling place or ballot information.

TOWNSHIP OF LYONS SENIOR TRANSPORTATION



📞 708-354-0292

➔ 6404 Joliet Rd,
Countryside, IL 60525

FREE BUS TRANSPORTATION

Free bus transportation for Township residents 60 years and older and for those with a disability. You can register for this program by calling the Township Senior Transportation Office number above.

FREE MEDICAL APPOINTMENTS ARE THE PRIORITY OF THIS FREE PROGRAM

- Once you schedule a medical appointment, please make a reservation for a ride
- Rides fill up quickly
- Appointment times are 9am-3pm

SHOPPING TRIPS ARE AVAILABLE WHEN MEDICAL APPOINTMENTS ARE NOT FULL

- Limited to once a week
- 1-1.5 hour average shopping time

Please note:

- Expect bus to arrive one hour before appointment time
- We will call 10-15 minutes before the bus will arrive
- Call when you are finished with your appointment

BOUNDARIES OF THIS PROGRAM

- North - Ogden Avenue
- South - 87th Street
- West - County Line Road
- East - Harlem Avenue

HOURS
Monday - Friday
8:00am-4:00pm



TOWNSHIP OF LYONS ASSESSOR'S OFFICE



☎ 708-482-8300
Option 1

➤ 6404 Joliet Rd,
Countryside, IL 60525

FREE PROPERTY TAX APPEAL ASSISTANCE

If you feel the Cook County Assessor may have unfairly assessed your property, please call or stop by the office for assistance. Taxpayers have two opportunities each year to contest their assessed value with the county. Once at the Cook County Assessor's Office and once at the Cook County Board of Review. Each office has their own filing rules and an opening and closing date with a hard deadline.

VISIT WITH OUR OFFICE:

- We are available to answer questions about:
 - Property ownership
 - Sales data
 - Permanent index numbers
 - Tax estimates for new construction
 - Filing for Homeowners, Senior Freeze, Disability, and Veterans Exemptions
 - Assistance to homeowners and seniors in completing "Certificate of Error" forms for any exemptions they did not receive, which may result in a refund
 - Assistance in filing appeals at both the Cook County Assessor and the Cook County Board of Review
 - Requesting a tax bill
 - Change of name and address
 - Provide access to Sidwell Maps

TOWNSHIP OF LYONS SUPERVISOR'S OFFICE



☎ 708-482-8300
Option 6

GENERAL ASSISTANCE

General Assistance is mandated by Illinois State Statutes. The program provides monthly financial service for people attempting to enter or re-enter the work force. Also, the program provides financial assistance to people who have a pending Social Security Disability application. This program is designed for people who have no income.

**Lyons Township
Mental Health Commission
6404 Joliet Road
Countryside, IL 60525
ltmhc.org**

**LYONS TOWNSHIP
Mental Health
COMMISSION**

www.lyonstwp.org/mentalhealth