



REGULAR BOARD MEETING MINUTES
February 23, 2026

The Regular Board Meeting was held on Monday, February 23, 2026, at the Township of Lyons, 6404 Joliet Road, Countryside, Illinois, 60525. The meeting was called to order at 6:03 p.m. by President Hoffenberg.

President Hoffenberg asked for the Roll Call.

Commissioner(s) Present: Elyse Hoffenberg; Rev. Jeffrey Clemons; Sophia Mallis; Barbara Minneci; and Al Dorobiala.

Commissioner(s) Absent: Erin Miller

Staff Present: Mariam Ahmad, Executive Director of Operations & Partnerships

Agency Director(s) Present: Kris Lonsway, President of OptWell

Guest(s) Present: N/A

Guest(s) via Telephone: N/A

AMENDMENTS/APPROVAL OF AGENDA:

A **MOTION** was made by Clemons and seconded by Dorobiala to approve the agenda as presented. Ayes: Unanimous. Nays: None. Hearing no Nays, the Agenda was approved.

REVIEW/APPROVAL OF MINUTES:

The Minutes of the Regular Board Meeting held on January 26 were reviewed. A **MOTION** was made by Dorobiala and seconded by Minneci to approve the Minutes of January 26, 2026, as presented. Ayes: Unanimous. Nays: None. Hearing no Nays, the Minutes were approved.

PRESENTATION BY OPTWELL:

President Kris Lonsway of OptWell discussed the importance of promoting mental health and overall wellness for individuals who live, work, and play in Chicago's western suburbs.

The organization advances this mission through education, connections to community resources, and social support, making healthy choices more accessible and achievable.

OptWell promotes five key habits to help individuals live longer, healthier lives: eating well, staying active, supporting mental wellness, quality sleep, and managing overall health. The organization also hosts events designed to educate residents on the importance of maintaining these five essential factors.

BOARD PRESIDENT REPORT:

The LTMHC has adopted a dog that is currently undergoing training to become a certified therapy dog. Upon completion of training, the dog will visit local agencies and participate in mental health–related events throughout the community.

Elyse also reported that grief support sessions previously held at the Township have been discontinued due to low attendance. However, Emmie Crement will be hosting new sessions at the Township focused on unplanned trauma grief. Residents have begun registering, and early interest indicates the program is expected to be successful.

OLD BUSINESS:

N/A

NEW BUSINESS:

LTMHC will be receiving a bus from the Lyons Township in the near future, which will display the organization’s name and logo. Quinn, from the Township, will assist with scheduling residents’ appointments related to mental health and overall well-being.

TREASURER’S REPORTS:

Sophia Mallis presented the Treasurer’s Report dated February 16, 2026 as follows:

Ending Balance as of December 31, 2025:	\$ 991,018.02
Receipts during January 2026:	\$ 376,590.09
Disbursements during January 2026:	\$ 318,080.01
Ending Balance as of January 31, 2026:	\$1,049,528.10

A **MOTION** was made by Clemons and seconded by Dorobiala to approve the Treasurer’s Reports dated February 16, 2026, as presented. Roll Call: Elyse Hoffenberg, Rev. Jeffrey Clemons, Sophia Mallis, Barbara Minneci and Al Dorobiala. Ayes: Unanimous. Nays: None. Motion Carried.

REVIEW AND APPROVAL OF MONTHLY PAYABLES:

Sophia Mallis presented a list of thirty-two (32) Payables totaling \$346,943.01 dated February 23, 2026.

A **MOTION** was made by Mallis and seconded by Clemons to approve the Monthly Payables dated February 23, 2026, as presented. Roll Call: Elyse Hoffenberg, Rev. Jeffrey

Clemons, Sophia Mallis, Barbara Minneci, and Al Dorobiala. Ayes: Unanimous. Nays: None. Motion Carried.

COMMENTS FROM THE PUBLIC:

N/A

ADJOURNMENT:

A MOTION to adjourn the meeting was made by Minneci and seconded by Dorobiala at 6:58 p.m. All in favor. Ayes: Unanimous. Nays: None. The meeting was adjourned.

Elyse Hoffenberg
Commission President

Barbara Minneci
Secretary