



**FY24  
Summary of Funding**

For FY24, which runs from July 1, 2023, through June 30, 2024, the Mental Health Commission of Lyons Township awarded \$3,853,357 to eight (8) social service agencies to provide services under 22 programs to township residents needing support with mental health, substance use disorder, and intellectual/developmental disabilities. The Mental Health Commission also awarded a sustainability grant in the amount of \$25,000.

A description of each program funded by the Mental Health Commission of Lyons Township can be found below:



**Aging Care Connections  
\$38,250**

- **Adult Protective Services** Program helps vulnerable older adults and adults with disabilities experiencing abuse, neglect, or exploitation.
- **Caregiver Support Program** helps caregivers deal with being a primary caretaker and caring for themselves. Specialists offer one-on-one support at home or via phone.
- **Aging Well Month** brings together older adults, businesses, healthcare and social services, and health education to create a "Healthy Neighborhood" that supports life-long wellness, prevention, and an age-friendly community.



**BEDS Plus Care, Inc.**

**\$105,000**

- **Mental and Behavioral Health Stabilization and Housing Services** including emergency, interim, supportive and transitional housing, and screening for behavioral health conditions and referrals to treatment.
- **Summit Service Center** is a medicate respite care center for unhoused individuals that have been hospitalized and need post-hospitalization support, but do not qualify for further hospitalization, rehabilitation services or nursing home care.



**Center For Independence Through Conductive Education**

**\$71,000**

- **Intensive Motor Training Programs** for Children and Young Adults with Physical Disabilities, including Early intervention, Assistive Technology, Physical, Occupational & Developmental Therapy.
- **Vocational Training & Job Placement Programs** for Teens/Young Adults with Varying Disabilities that includes Employment Soft Skill Development, Job Development & Placement, Short-Term Job Coaching and Long-Term Volunteer Mentoring.



**Community Support Services**

**\$325,638**

- **Respite Care** provides important, intermittent breaks for parents. Respite helps families stay together and reduces the stress that many parents experience.
- **Case Management** is provided to all CSS participants by service coordinators who assess the needs of the participant and their family, and arrange, coordinate, monitors, evaluates, and advocates for a variety of services to meet their specific needs.



## Helping Hand

**\$1,000,000**

- **Community Day Services** for adults with intellectual/developmental disabilities where they continue developing skills, such as STEM, Computers, Music Appreciation, Art as a career, and exercise.
- The **Outpatient Clinic** provides weekly occupational and speech therapy for all ages, including children and adults diagnosed with autism spectrum disorder, speech delay or related speech diagnoses, developmental delays, attention deficit hyperactivity disorder, cerebral palsy, down syndrome, traumatic brain injury, sensory processing disorder, and a variety of motor disorders.
- The **Total Communication Project** teaches communication to clients that have a primary diagnosis of Autism and live in Lyons Township.
- **Employment Services** such as vocational skills training that foster independence, self-reliance, confidence, and interpersonal skills to support individuals in obtaining and maintaining employment.



## The LeaderShop

\$295,557

- **Leadership Development Programs:**
  - The **After School Programs** provide quality education and individual support through homework help and activities that foster relationship building with peers and positive role models as well as increasing social emotion knowledge.
  - The **Mentor Program** establishes a one-to-one relationship between a screened, trained adult volunteer and a child in need of additional adult interaction, guidance, and support.
  - The **Camp LeaderShop Program** is designed to keep students academically, physically, socially, and civically engaged throughout the summer months.
  - The **Junior High Leadership Program** helps 6th, 7th and 8th grade students develop leadership skills by planning and implementing service projects, engaging in workshops and social recreational activities.
  - The **High School Leadership Program** helps teens develop their leadership skills by planning service projects, scheduling recreational activities, planning, and fundraising for the annual service trip, and helping to coordinate volunteer opportunities.
  - The **Teen Leaders Program** provides leadership development training. Teen Leaders become effective small and large group facilitators for activities designed to help younger students gain social, emotional and leadership skills.
- The **Families and Schools Together (FAST) Program** is an internationally acclaimed, evidence-based family engagement program that supports child well-being and learning readiness, empowers parents, and builds social capital so children can thrive. The program is run at a school and meets for weekly 2.5-hour sessions, over an eight-week cycle, and is designed to:
  - Strengthen family relationships and increase cohesion.
  - Engage parents more with the school and enable them to advocate for their children's education.
  - Connect families to other families and community resources to reduce isolation and stress.



### NAMI Metro Suburban

\$125,000

- The **Living Room Program** is a safe place where you can talk with a peer if you are experiencing life's emotional stresses.
- **Community Education and Outreach** to teach students about mental illness through education, support, and awareness.



### Pillars Community Health

\$1,917,912

- **Psychiatric Services** such as psychiatric diagnostic evaluations and routine medication management with a prescribing provider.
- **Behavioral Health Services** that include behavioral health screenings for ages 4-11 and screens for depression, anxiety, and substance use disorder for ages 12 and up.
- **Substance Use Disorder Services** including counseling and tailored treatment plans and support you and your family through the journey to recovery and sobriety. All services are evidence-based and outpatient.
- **Domestic and Sexual Violence Services** offering comprehensive services to adult and child survivors of domestic and sexual violence. This includes emergency shelter, crisis intervention, medical and legal advocacy, counseling, and more.
- **Buddy's Place** childhood bereavement program has offered family-based support groups to children and teens ages 4-18 and their families who are grieving the death of someone significant in their lives.

## Agency Contact Information

If you, a family member, or someone you know needs any services funded by the Mental Health Commission of Lyons Township, please contact one of the agencies listed below:



### **AGING CARE CONNECTIONS**

111 W. Harris Avenue  
La Grange, IL 60525  
(708) 354-1323



### **BEDS PLUS CARE, INC**

9601 Ogden Avenue  
La Grange, IL 60525  
(708) 354-0858



### **CENTER FOR INDEPENDENCE THROUGH CONDUCTIVE EDUCATION**

100 W. Plainfield Rd., Suite 100  
Countryside, IL 60525  
(708) 588-0833



### **COMMUNITY SUPPORT SERVICES, INC.**

9021 Ogden Ave.  
Brookfield, IL 60513  
(708) 354-4547



### **HELPING HAND**

9649 W. 55th Street  
Countryside, IL 60525  
(708) 352-3580



### **THE LEADERSHOP**

4903 S. Willow Springs Road  
La Grange, IL 60525  
(708) 579-5898



### **NAMI METRO SUBURBAN**

4731 Willow Springs Road  
La Grange, IL 60525  
(708) 582-6434



### **PILLARS COMMUNITY HEALTH**

5220 East Ave.  
Countryside, IL 60525  
(708) 745-5277